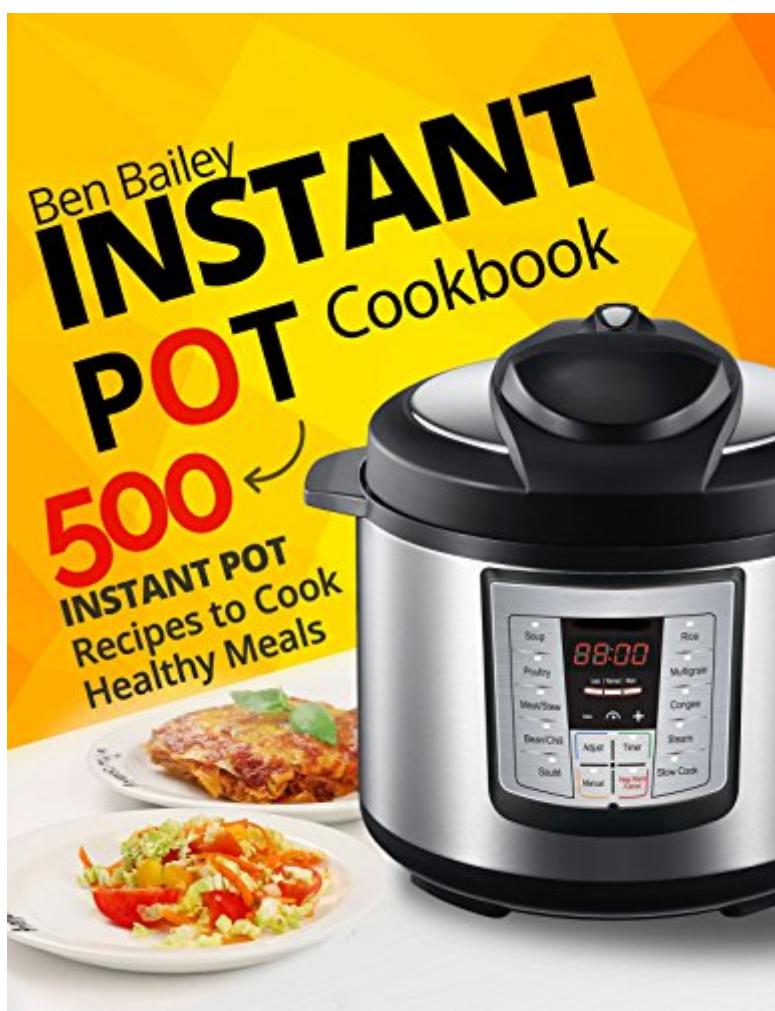


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# Instant Pot Cookbook: 500 Instant Pot Recipes To Cook Healthy Meals



## Synopsis

One of the most important aspects you need to know about your new instant pot is that it allows you to make great and tasty foods in a much more effective way. Your dishes will maintain all their flavors and textures, and they will be cooked in the healthiest way possible. You won't have to consume all your energy in the kitchen, and you don't need special cooking skills to make magical dishes. From now on, you won't have to worry about your success in the kitchen because your instant pot will do the hard part! We are sure we've convinced you that purchasing an instant pot is the best thing you could do. With our book you'll discover the 500 amazing recipes under various sections such as breakfast, lunch, side dishes, main dishes, snacks and appetizers. Fish and seafood, poultry, meat, vegetable meals, desserts. There are several reasons you should get this book: Prep time, cooking time, list of ingredients accompanies each recipe. Our cookbook breaks every single step down and ensures that you know exactly what you need to do to prepare each recipe. Your level of experience with instant pot doesn't matter, our book applies to any level! What are you waiting for? Get your copy now!

## Book Information

File Size: 1713 KB

Print Length: 558 pages

Publication Date: August 1, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B074HG18GL

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #7,173 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1 in Books > Cookbooks, Food & Wine > Regional & International > European > Portuguese #1 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Portuguese #18 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Appliances

## Customer Reviews

Great pot does as says it will really a time saver.

500 recipes! I wonder if I ever need another cookbook, as this one is fully-packed with diverse recipes, ranging from breakfast to dinners and desserts, and including all types of meat recipes, fish and seafood, and appetizers. And the dessert selection is pretty awesome too. I tried pumpkin pudding and corned beef. Hubby and kids loved both. I am really thinking of buying the paperback version now, to add to my kitchen shelf collection of cookbooks.

This cookbook is so helpful! It starts off with explaining the need-to-know information about using the Instant Pot, then has delicious recipes to try out. I love how there are also options to make so many sauces and ingredients from scratch! Can't wait to try out all of the recipes.

This cookbook is promising. I like that there are some recipes that are dairy-free and some grain-free, as I do not cook with dairy or grains. There are a lot of recipes with ingredients we would not want to include as we tend to eat "clean" after doing Whole 30, however there are many we will be trying. I found a few that could easily be adapted to exclude those ingredients we do not eat as well.

I bought this book for me and my partner because neither of us is a great at cooking. I realized how versatile, this instant pot is. You just put all the ingredients and wait until it cook and wow! You have a food to eat.

O.M.G. best 3 dollars spent in my life. Ben gives a brief introduction about the meal which makes his recipes a lot more fun and a lot less dry, compared to most out there. If you are an instant pot rookie like me, look no further this is the book you are looking for.

I always spends time to learn new healthy and delicious recipes and luckily this book has a lot of instant pot recipes. At first I thought this book is not that good but after reading it I instantly notice on how well written and formatted this cookbook is.

This recipe book is great for me. All I need is here, I think I have tried the 1/4 of the recipes , it was tasty and it made me hungry after I cooked the dishes. Also because it has good smell and appearance. I will recommend this.

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